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 Vivian Cavers  
 Lyle Pelzer

Dec. 9  
 Dec. 13  
 Dec. 26  
 Dec. 26

# FUN TIMES AT SUNNYSIDE MANOR



December  
 Birth Stones:  
 Blue Topaz

December  
 Birth Flower:  
 Narcissus & Holly



## DECEMBER 2024 THE MONTHLY BUZZ



A	S	W	WAL		
M		A			
L	A	A	M		
A	S	W	WAL		
M		A			
S	W		SW		
W	SW				
A	W	W	WW		
			WA		
W	WA		M		A
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A	S	W	S	M	A
	MA	S			
A	WA	A			W W
	L				
WA	A	W	W		
		W			



As December unfolds, Sunnyside Manor is filled with joy, warmth, and special memories. Our community comes together to celebrate the season in a welcoming atmosphere.

We have many exciting events planned this month! Join us for the Holiday Elf Hunt from Dec 16th-20th, where you can find the hidden elf and claim a reward at the front desk. Other festive fun includes a Christmas Lights Scenic Drive with hot chocolate, a Nail Painting Party with Georgie, and a Candlelit Christmas Dinner with Debbie Owen.

Look forward to visits from our regular volunteers, as well as new guests like the little ones from the Pre-Kindergarten Centre and school students. We're also excited to welcome Christmas Caroling by Seaview Church to spread extra holiday cheer!

Enjoy Celebration Bites & Beverages prepared by our Kitchen Elves, and don't miss our Christmas Party with Mark Wolfe. For those who love baking, join us for a Cookie Decorating session with Chef Louise.

We'll finish off the season with a New Year's Eve Party with Christine Dibble!

Wishing you all joy and happiness this holiday season, whether you celebrate Hanukkah or Christmas. Here's to a bright and Happy New Year ahead!

Olga  
 Activity Coordinator

# December 2024

## Sunnyside Manor

**SUNNYSIDE MANOR**  
SENIORS COMMUNITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12:30 Piano Music with Daniel (WL) <b>1</b></p> 	<p>10:30 Morning Exercises (NL) <b>2</b></p> <p>1:00 Music Hour with Thirsty Minstrels (WL) </p> <p>3:00 Holiday Greens: Porch &amp; Courtyard Decor (NL)</p>	<p>10:00 Festive Wreath-Making with Elaine (NL) <b>3</b></p> <p>1:00 Bingo (WL)</p> <p>3:00 Chair Yoga DVD (EL)</p>	<p>10:30 Morning Exercises (NL) <b>4</b></p> <p>1:00 Walk 'n' Talk with Olga (Lo)</p> <p>3:00 Happy Hour with Peter Montgomery (WL) </p>	<p>10:00 Communion Service (LIB) <b>5</b></p> <p>10:30 Christmas Cheer: Prekindergarten Community Visit (EL)</p> <p>1:00 Bus Outing to Elements Casino in Surrey (BUS)</p> <p>3:30 Scrabble with Gigi (EL)</p>	<p>10:30 Stronger Seniors - Chair Aerobics DVD (EL) <b>6</b></p> <p>1:00 Giant Crosswords with Michelle (NL)</p> <p>3:00 Uno Fun with Shae (NL)</p>	<p>10:40 Zumba Gold with Marifer (NL) <b>7</b></p> <p>5:30 Saturday Night Chat (WL)</p>
<p>12:30 Piano Music with Daniel (WL) <b>8</b></p> <p>1:00 Christian Service with Pastor Les (LIB)</p> 	<p>10:30 Morning Exercises (NL) <b>9</b></p> <p>1:00 Dental Hygiene for Seniors: A Vancouver College Presentation (EL)</p> <p>2:30 Craft Your Christmas Table Centerpiece (NL)</p>	<p>1:00 Bingo with Prizes (WL) <b>10</b></p> <p>3:00 Chair Yoga DVD (EL)</p> <p>3:30 Outwit Card Game with Nadia (NL)</p>	<p>10:30 Morning Exercises (NL) <b>11</b></p> <p>1:00 Walk 'n' Talk with Olga (Lo)</p> <p>3:00 Happy Hour with Mike Kinal (WL) </p>	<p>10:30 Core Fitness with Anne Burnell DVD (EL) <b>12</b></p> <p>11:00 Pop Up Jewelry Shop with Glamour Puss (WL)</p> <p>1:00 Shopping Trip to Walmart (Lo)</p> <p>3:30 Scrabble with Gigi (EL)</p>	<p>10:30 Stronger Seniors - Chair Aerobics DVD (EL) <b>13</b></p> <p>1:30 Chef Talk with Louise (EL)</p> <p>3:00 Uno Fun with Shae (NL)</p>	<p>8:00 Foot Care (EK) <b>14</b></p> <p>10:40 Zumba Gold with Marifer (NL)</p>
<p>3:00 Student Musicians' Holiday Harmony (WL) <b>15</b></p> 	<p><b>The Holiday Elf Hunt (Mon-Fri) <b>16</b></b></p> <p>10:30 Cookie Decorating with Louise (WL)</p> <p>1:30 Caroling &amp; Cheer with Newbridge Academy (WL) </p> <p>6:00 Christmas Light Tour &amp; Hot Chocolate (BUS)</p> 	<p><b>Library Books &amp; Tapes Due <b>17</b></b></p> <p>10:30 Knit &amp; Chat (EL)</p> <p>1:00 Bingo (WL)</p> <p>3:00 Chair Yoga DVD (EL)</p> 	<p>10:30 Morning Exercises (NL) <b>18</b></p> <p>2:00 Celebration Bites &amp; Beverages (WL) </p> <p>3:00 Christmas Party with Mark Wolfe (WL)</p>	<p>10:00 Communion Service (LIB) <b>19</b></p> <p>10:30 Core Fitness with Anne Burnell DVD (EL)</p> <p>1:00 Party Prep (DR)</p> <p>1:30 Birthday Party &amp; Welcome Tea (DR)</p> <p>3:30 Scrabble with Gigi (EL)</p>	<p>10:30 Stronger Seniors - Chair Aerobics DVD (EL) <b>20</b></p> <p>12:30 Nail Painting Party with Georgie &amp; Olga (WL)</p> <p>4:30 Winter Glow: Candlelit Christmas Dinner &amp; Music by Deborah Owen (DR) </p>	<p>10:40 Zumba Gold with Marifer (NL) <b>21</b></p> <p>5:30 Saturday Night Chat (WL)</p>
<p>3:40 Caroling by Seaview Church (WL) <b>22</b></p> 	<p>10:30 Morning Exercises (NL) <b>23</b></p> <p>1:00 Jingle Bell Jeopardy (EL)</p> <p>3:00 Wii Games: Bowling (EL)</p>	<p>1:00 North Pole Express Bingo (WL) <b>24</b></p> <p>3:00 Chair Yoga DVD (EL)</p> <p>3:30 Outwit Card Game with Nadia (NL)</p>	<p><b>Happy Hanukkah <b>25</b></b></p> 	<p>2:00 Christmas Cheer &amp; Chit-Chat with Gergie (WL) <b>26</b></p> 	<p>1:00 A Christmas Journey with Michelle: Poetry, Traditions &amp; Reflection (WL) <b>27</b></p> 	<p>10:40 Zumba Gold with Marifer (NL) <b>28</b></p> 
<p><b>29</b></p> 	<p>10:30 Morning Exercises (NL) <b>30</b></p> <p>1:00 Words Creations with Olga (WL)</p> <p>3:00 Walking &amp; Balance Exercise Class (EL)</p>	<p>1:00 Bingo (WL) <b>31</b></p> <p>3:00 Chair Yoga DVD (EL)</p> <p>7:30 New Year's Eve Celebration with Christine Dibble (WL) </p> 	<p><b>Happy New Year</b></p> 		<p>Wafaa's Hair Salon Open on Wednesdays 9:00AM-2:00PM</p> 	<p><b>Locations Legend:</b> East Lounge (EL) West Lounge (WL) North Lounge (NL) Lobby (Lo) Library (LIB) Dining Room (DR) East Kitchenette (EK) Bus Trips (BUS)</p>